



Healthworks
the community health charity

Let's Cook: Jacket Potato

What you need:

- Potatoes

How to prepare:

- Pre heat oven to 180 °c
- Wash the potatoes.
- Prick the skins with a folk.
- Wrap the potato in foil.
- Place in the oven to cook for approximately 1 hour or until soft.

Top tips:

- Topping ideas: Grated cheese, soft cheese, ham, tuna, sweetcorn, pineapple, baked beans, mushrooms, peppers

Have the best summer ever!

From the Community Skills Team
www.healthworksnewcastle.org.uk