

BREASTFEEDING SOCIAL GROUPS

Pop along to our friendly, welcoming groups for breastfeeding support and the chance to meet up with other breastfeeding mothers for a chat.

Monday
12.30 to 2pm

The Lemington Centre, Tyne
View, NE15 8RZ

Tuesday
1 to 2.30pm

Sure Start Families Matter,
Lindfield Ave, Blakelaw, NE5 3PL

Tuesday
1 to 2.30pm

Byker Sands Centre, 19 Raby
Cross, Byker, NE6 2FF

Wednesday
10 to 11.30am

Nunsmoor Centre, Studley
Terrace, NE4 5AH

Wednesday
1 to 2.30pm

Sure Start, Halewood Ave,
Kenton, NE3 3RX

Thursday
10 to 11.30am

St Martin's Centre, Roman
Avenue Walker, NE6 2RJ

Call us for information and support: 0782 653 1575

Don't forget to check out the Breastfeeding Mams Newcastle facebook page for updates and confirmed session times



Healthworks
the community health charity



www.healthworksnewcastle.org.uk