

Let's Cook for VE 75 Day!



3 Ingredients Fruit cake

What you need:

- 1kg dried mixed fruit
- 750ml orange juice
- 525g self raising flour

Substitute as necessary if allergic to any of the ingredients

How to prepare:

1. Soak the fruit in the juice overnight.
2. Pre heat the oven to 125°C.
3. Stir the flour into the soaked fruit and mix well.
4. Spoon the mixture into a 22cm lined cake tin.
5. Bake for 2 1/2 hours at the bottom of the oven or until cooked through.
6. Remove and leave to cool.

Top tip/s:

- This cake will keep nicely in an air tight container for 3 - 4 weeks

Enjoy!

From the Community Skills Team
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